



Robert Rudelic, BS, NMT, MES

Speaker, TV and Radio Spokesperson, Seminar Leader, Author

What do professional athletes, performers, and countless leaders do when faced with fear, doubt, overwhelm, and frustration? People everywhere are looking for solutions to difficult and complex issues. Get the answers when you hear Robert share why positive thinking is not enough; learn how to change your perceptions in the moment and become skilled in the art of emotional composure and truly own an invincible mindset.

Robert has been quoted and interviewed in many publications including:

- Details Magazine
- San Francisco Chronicle
- Insiders Health
- Wellness Watch
- Natural Knowledge
- Med Help
- The Tapping Solution
- Pro Health
- Romo: My Life on the Edge
- Boomer Times



TV & Radio Appearances

- FOX Mornings on 2
- Spike TV
- CNN Headline News
- BBS Radio
- GaiamTV
- InfoTV
- Real Health Talk
- Seeing Beyond
- NewsTalk 1470 AM
- KEST Radio

The 3 Minute Miracle!

Robert Rudelic's 3 Minute Miracle Presentation

is fascinating, informative, and in some cases a life changing event.

You can make *anything* possible!



Robert will customize his program to meet your group's needs, including:

- Strategy Sessions
- Identify Specific Areas Of Importance
- Prepare Relevant Content
- Checklist and Overall Event Details

Contact Robert today:
(415) 509-7112
Sheryl@RobertRudelic.com
San Francisco, CA 94107
www.RobertRudelic.com

About Robert Rudelic

Robert is the President of the Robert Rudelic Organization, a Peak Performance Integrative Sports Therapist and the Creator of Invincible Mindset Training. He is an acclaimed Anatomy & Physiology Instructor formerly with the National Holistic Institute, a pain specialist and medical researcher whose experience encompasses over twenty five years of clinical practice, teaching seminars and workshops, and peak performance, invincible mindset coaching. Robert has created dramatic results for thousands of people and his work has been the subject of many articles published in the field of health and fitness. Robert's media appearances drive up ratings and he is frequently featured in "The Best of ..." programming.

Robert also offers:

- Individual Phone Coaching Sessions
- Group Mentoring Program
- Membership to Invincible Mindset Moment
- Seminars and Workshops

Popular topics

- The Secret to Becoming an Invincible Divorcée!
- Is Changing Your Health Through Your Beliefs Really Possible?
- Own an Invincible Mindset – Anyone Can Love the "Pressure Moment!"
- Overcoming Post-Injury Anxiety – Both Physically and Emotionally!

A Sampling of Robert's clients past and present

Paramount Pictures, Rudd Estates, CytoSport, Pickett Racing, Oakland Raiders, San Francisco 49ers, Denver Broncos, New England Patriots, Carolina Panthers, Baltimore Ravens, Cleveland Browns, Jacksonville Jaguars, Houston Texans, Thomas Equestrian Centre, The Learning Annex, Pro's vs Joe's, Veterans groups, the San Francisco Symphony, The San Francisco Ballet, and many small business organizations.

"Wow - this is the first time in a long time I have felt so motivated and inspired! I now have the tools to kick limiting beliefs and self sabotage to the curb! Your work has turned my life around. Thank you Robert - the world is better with you in it."

-Michael Bennett, Business Owner



Book description –

A "must read" for anyone who is serious about making positive and profound changes that really make a difference.

"In his book *Anything Is Possible*, Robert Rudelic reveals a powerful set of tools for handling fear and negative emotions on a moment to moment basis, and teaches how to lock in positive beliefs that can change unwanted behavior forever."

