



ROBERT RUDELIC, B.S., N.M.T., M.E.S.

US Citizen born April 5, 1959 in Detroit, Michigan

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920 Harrison Street, Suite #9

San Francisco, California 94107 USA

HealthCare Professional / Health Educator / Invincible MindSet Training

- ▶ Physiotherapy Practitioner ▶ Medical Researcher ▶ Author ▶ Product Developer
- ▶ Seminar Leader ▶ Personalized Nutrition Planner ▶ Athletic Trainer
- ▶ Product Spokesperson ▶ Peak Performance Integrative Sports Therapist

- Possessing advanced coaching/teaching skills with practical applications in sports.
- Closely associated with the International Scientific and Research community.
- Up-to-date on health related studies and cutting-edge technologies.
- Distinct advantage in new product development with direct links to latest findings.
- Exclusive microencapsulation patented technology for nutritional supplements.
- Experienced in television and radio.
- Twenty plus years in the health industry.
- Developing systems for injury prevention enabling athletes' long term careers.

Areas of Expertise

Physiotherapy Modalities

- ▶ Mental Skills Training with EFT / PowerTapping
- ▶ FSM – Frequency Specific Microcurrent
- ▶ Neuro-Muscular Therapy
- ▶ Medical Exercise
- ▶ Somatic Movement Re-Education
- ▶ Active Isolated Stretching
- ▶ Deep Muscle / Connective Tissue Therapy
- ▶ Joint Specific Mobilization Management
- ▶ A.R.T. – Active Release Technique
- ▶ Post Injury and Post Surgical Rehabilitation

Leadership

- ❑ Keynote Speaker
- ❑ Conducting Seminars / Workshops
- ❑ Hosting Seminars / Workshops for World Renowned Educators
- ❑ Television Infomercial Spokesperson
- ❑ Television and Radio News Expert on Health Issues
- ❑ Teaching Curriculum Consultant / Planner / Instructor
- ❑ Athletic Event Organizer

Education

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| BS | Shaw College at Detroit
Health & Physical Education | June 1982 |
| NMT | National Holistic Institute
Neuromuscular Therapy | August 1988 |
| MES | American Academy of Health & Fitness
Medical Exercise Specialist | November 1997 |

Specialized Professional Trainings and Certifications

- ‡ Gary Craig – EFT (Emotional Freedom Technique)
- ‡ Steve Wells – EFT, SET, PET
- ‡ David Feinstein – Energy Psychology
- ‡ Donna Eden – Energy Medicine
- ‡ Dr. Carolyn McMakin – Frequency Specific Microcurrent
- ‡ Paul St. John – Advanced Neuromuscular Training
- ‡ Bob King – Myofascial Release and Injury Rehabilitation
- ‡ Aaron Mattes – Active Isolated Stretching
- ‡ Susan Koneig – Hanna Somatics
- ‡ Jean Claude West – Structural Mechanics; Orthopedic Analysis
- ‡ Lee Shabas – NMT for Chronic Pain Patients
- ‡ Usus Shiki Ryotto – Reiki System of Natural Healing
- ‡ Paul Chek – Strength and Conditioning Coaching
- ‡ John Harris – Sports Massage
- ‡ Dr. Nelson Vetanze – Active Release Technique
- ‡ Candace Pert Ph.D. – Molecules of Emotion
- ‡ Dr. James Oschman – The Living Matrix

Professional Experience

- Private Clinical Practice, San Francisco, California 1989 – Present
- Oakland Raiders, Team Therapist 2003 / 2004 Season
- Paramount Pictures, Movie Set Therapist (The Longest Yard) 2004
- Pickett Racing, Team Therapist 2005 - 2011
- Professional Sports Clients: Past / Present –
Oakland Raiders, San Francisco 49er's, Denver Broncos, New England Patriots, Carolina Panthers, Baltimore Ravens, Cleveland Browns, Jacksonville Jaguars, Houston Texans

Professional Affiliations

- ▣ American College of Sports Medicine – Registration # 616288
- ▣ American Massage Therapy Association – Registration # 48295
- ▣ Association for Comprehensive Energy Psychology / ACEP

Publications

Book – Anything Is Possible – The Art & Science of Tapping Into Your Power
by Robert Rudelic, BS, NMT, MES
Published 2005 – Updated 2017

Subject – PowerTapping®, a technique developed by Robert Rudelic that can quickly and easily relieve unwanted, negative emotions and permanently change beliefs forever. The book is a no-nonsense, psychobabble-free approach and written for use by anyone of any age.

Personal Activities and Interests

- Class V white water, river rafting, pioneering the sport of Catarafting
- Snowboarding
- Cycling, both mountain biking and road racing
- Weight Training
- Personal Development and Behavioral Modification

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